

### **General Guidelines**

The focus of the day is Encounter with Jesus Christ through Sacred Scripture, Catechism of the Catholic Church, Christ-centered Prayer, appropriate Music (Praise and Worship, Chant, Contemporary Christian), and presentations that focus on our relationship with Jesus Christ and strengthen our ministry, Silence, and Witness.

- The day includes 3-4 presentations/videos (optional); time for reflection, time for personal prayer, discussion, and a process that assists the participant in praying with another person/persons
- The opportunity for Reconciliation is Highly recommended
- The opportunity for Adoration is Highly Recommended
- The day be at least 6 hours including lunch

### **Sample Schedule**

8:30-9:00	Gather
9:00-9:15	Welcome and introductions
9:15-9:30	Opening Prayer
9:30 – 10:00	Talk #1 – <i>The Good News of our relationship with Jesus Christ</i>
10:00 – 10:20	Quiet Reflection
10:20 – 10:30	Break
10:30 – 11:00	Talk #2 – <i>New Life in Christ-Our conversion of Faith to Him.</i>
11:00 – 11:20	Group Discussion
11:20 – 11:50	Talk #3 – <i>The Work of the Holy Spirit and our mission to proclaim Jesus Christ Crucified</i>
11:50 – 12:00	Reflection
12:00 – 12:45	Lunch
12:45 – 1:00	Quiet Time/Adoration
1:00-1:20	Talk #4 – <i>Receiving God's Gift of Mercy and Redemption</i> (Repentance of Sin and Surrender)
1:20-1:40	Quiet Reflection- with Our Lord in the Blessed Sacrament-Time/Nature walk/time to meditate or journal
1:40-1:55	Break
1:55-2:15	Small Group Discussion
2:15-3:15	Opportunity for intercessory prayer and reception of the sacrament of Reconciliation
3:15	Closing Prayer

### Talk #1 – *The Good News of our relationship with Jesus Christ*

Goal: The first talk centers on proclamation of the kerygma and understanding that God loves you personally and has a plan for your life. It helps participants understand the salvific plan of God from creation, fall from grace, the saving work of Jesus Christ, and God's invitation to enter into a personal relationship with Him.

- proclamation of the kerygma
- God loves you and has a wonderful plan for your life
- The presenter's personal witness is key

### Talk #2 – *New Life in Christ-Our conversion of Faith to Him.*

Goal: The second talk centers on the promise of new life. It helps participants realize the goodness of the gift being offered to them. This is that talk that discusses what it looks like in a daily way for a person to live for Christ with the Holy Spirit. This talk focuses more on the life of an individual who has asked to be filled with the Holy Spirit.

- The Father wants all people to have new life. He sent his son Jesus into the world so that we could be given the source of new life, the Holy Spirit.
- When the Holy Spirit comes to a person, he/she becomes a changed individual; he/she is given the power to know God and to live a new life. (Perhaps give a personal testimony here)

### Talk #3 – *The Work of the Holy Spirit and our mission to proclaim Jesus Christ Crucified.*

Goal: The goal of the third talk is to go into greater detail about how the Holy Spirit guides us toward a relationship with Jesus Christ. This is the talk in which an explanation is given about what it means to be filled with the Spirit through the Son Jesus Christ.

- How the Holy Spirit Comes to God's People; Pentecost: Acts Ch. 2
- Gifts of the Holy Spirit (Tongues, Prophecy, Hospitality, etc.)
- The power/manifestation of the Spirit is meant to be the regular experience of all Christians (Gal 3:1-5)

### Talk #4 – *Receiving God's Gift of mercy and redemption*

- Repentance
- Surrender
- Commitment